

Welcome to the Mar 21 Newsletter.

If there is anything that you think should be included in it please do not hesitate to email me at Treasurer.spainsams@gmail.com

COVID 19

First the serious stuff. This is put in again as a reminder for everyone to adhere to all the Covid guidance wherever you are based. Volunteers who attend the Punta Marina Centre, please, if you **do have** Covid symptoms, test positive, or are told to isolate due to contacts having the virus you should of course stay home until given the "all clear" to return to work. Your wellbeing and health and safety of fellow volunteers and our customers must be the top priority!

BOARD OF TRUSTEES NEWS

There are some more changes to the Board of Trustees, these will be notified to you all in a separate email from Lynda.

VACANCIES/VOLUNTEERING

We are always on the lookout for volunteers so if you know anybody that would like to volunteer as a Trustee, a Listener, or a Shop Volunteer then please either pass their details (name, phone no and email) to any of the Trustees or ask them to contact us.



			TEC
	RY	11/	TES
 щ	n	118	

NEWS

2021 has continued to surprise us with donations, the latest being a fantastic cash donation of €400 from the San Fulgencio Anglican Church. This was handed over by their representative, Jim Crossley, and gratefully received by Lynda Brettle.



The All Volunteers meeting, held on Zoom, on 27 Feb 21 was a success. In total we had 14 volunteers taking part. It was a great opportunity to meet up, albeit virtually. It was such a success that the Board of Trustees are considering repeating it later in the year. Watch the Diary Dates section for more information.

LOBSTER

As you are aware, Lobster have now become an official supporter of Samaritans in Spain which is great news and should really help in getting



our message out there as well as provide much needed funds. As part of this arrangement, Lobster have donated a number of Sim cards for volunteers to use when they are both on and off duty. These cards provide unlimited local calls and texts totally free of charge. It is also possible to keep the same number instead of switching to a Lobster one!

If you would like a Lobster Sim please get in contact with Les Holloway – les.spainsams@gmail.com or igretail.spainsams@gmail.com for further information. Please note that cards will be provided on a first come first serve basis although more can be requested if there is a high demand for them.

GOOD READS

There is the new book from Samaritans UK called "How to Listen", it offers general readers the tools for "opening up conversations" when it matters most. Prince Charles wrote the Forward - he is UK Sams Patron. It is available in English from Amazon.es

Lynda Brettle's book, *Brains at the Border*, is also available on Amazon.es and Kindle from Amazon.Uk for £1.99 or if you prefer the book Lynda has a few paperback copies for sale for 10€ if vols would like to email me. It is about ups and downs of expat life all over the world - not just in Spain.

If you have just read a good book and want to share your experience please let me know and I will include it in the next issue.

VOLUNTEERS NOTICEBOARD

Each month we would like to give our Volunteers the opportunity to advertise what you do outside of Samaritans (businesses etc); highlight any social clubs/events; advertise any large items for sale.





From Nilam Wright:

Tuesday 23 March @ 7pm (Spanish time)

OPEN MIC: Tikka Chance and Get in-touch if you have a joke or two (90 seconds - 5 mins) Email: keepcalm@curryoncooking.com

Curryomedy On Down! Commiserate/Celebrate One Year of Lockdown & Saucy Spice Sister's 50th B'day! The Spice is Wright!

Celebrate and/or Commiserate The illusion of Lockdown Curryomedy On Down and help Saucy Spice Sister from Curry On Cooking to celebrate her 50th Birthday bash.

Open Mic Night All things Curry & Covid! Finding the Funny in Your Life through Collective Curryomedy. You don't even have to like curry...or be THAT funny!....AND IT'S FREE! All humans welcome; including your beloved pets, teddies, dolls etc.

ROLL A ROTI COOK-ALONG

Follow along to a live demo of 'Roll A Roti' (Chapatti) as a perfect accompaniment to your restaurant style curry - quicker (and healthier than ordering a takeaway), so why not C.O.C (Curry On Cooking!) & Cook your own curry beforehand?! YOU WILL NEED: Wholemeal flour, a rolling pin, tawa (or saucepan). Please do share this event with your curryholic family and friends and let's help each other to KEEP KORMA & CURRY ON!

https://www.eventbrite.co.uk/e/curryomedy-on-down-commiseratecelebrate-one-year-of-lockdown-nees-50th-tickets-146833828935?aff=ebdssbeac



CURRY ON COOKING (As seen on BBC's Countryfile & Bargain Loving Brits); Winners of Best Do-It-Yourself Curry Kits

YOUTUBE: For short inspirational cooking

tips https://www.youtube.com/user/CurryOnCooking

WEBSITE: Order your currylicious kits online www.curryoncooking.com

FACEBOOK: Like and leave a review https://www.facebook.com/Curryoncooking/

TWITTER: https://twitter.com/Curry Kits

INSTAGRAM: https://www.instagram.com/curry_on_cooking/

CALL DATA COMPARISON 2021

Below is an extract from the Call Logging Database (as at 19 Mar 21), I thought you would find the figures to be an interesting read.

							Difference	
							prev.	
	2016	2017	2018	2019	2020	2021	year	%
Jan	80	77	109	91	97	252	155	160
Feb	74	84	96	165	75	289	214	285
Mar	92	93	118	107	85	187	102	120
Apr	94	122	74	98	120	#REF!	#REF!	#REF!
May	136	111	165	93	143	#REF!	#REF!	#REF!
Jun	109	112	161	64	111	#REF!	#REF!	#REF!
Jul	123	124	123	115	140	#REF!	#REF!	#REF!
Aug	90	155	90	112	190	#REF!	#REF!	#REF!
Sep	85	175	107	84	242	#REF!	#REF!	#REF!
Oct	85	186	111	69	255	#REF!	#REF!	#REF!
Nov	68	171	98	59	320	#REF!	#REF!	#REF!
Dec	165	198	67	74	263	#REF!	#REF!	#REF!
Total	1201	1608	1319	1131	2,041	#REF!	#REF!	#REF!



A POEM FOR US ALL FROM GRATEFUL CALLER

Magic magic

Tell me your story

Tell me a fairy tale

Tell me a dream

Let mee see what's in the valley

Let me see what's behind the mountains

Let me dream of forgotten world

Forgotten beauty to reveal

Right in front of me I see magic

I see an art

A paradise

I look sharp

I look to see

And I feel infinity

I feel a peace

I feel a new story

I feel a writing hand

Telling a new tale

A lovely living tale

Full of adventure

Full of joy

With I have

To only see all beauty

Around me

As thank you to all of you

Greeting out of the mountains



SPANISH LANGUAGE - FUN FACTS

13 Cool & Interesting Facts About the SPANISH LANGUAGE

- 1. SPANISH IS SPOKEN by 500 million people with a growing trend that will reach 600 million speakers by 2050.
- 2. Spanish was the DIPLOMATIC LANGUAGE up to the 18th century.
- There have been 11
 Literature
 HOREL PRIZES
 In Spanish.
- 4. SPANISH IS THE SECOND MOST STUDIED LANGUAGE IN THE WORLD IN 2010. THE NUMBER OF PTOPLE STUDYING SPANISH AS A SECOND LANGUAGE WAS MORE THAN 20 MILLION.
 - In three generations, 10% of the world population will be able to communicate i Spanish.
- 5. There are more than 40,000 words and conjugations in Spanish with all 5 vowels. They are called PANVOCÁLICAS or PENTAVOCÁLICAS.

 But curiously, neither of these two terms are defined in the DRAE.
- 6. AFTER LATIN, THE LANGUAGE THAT HAS HAD THE BIGGEST HISTORIC INFLUENCE ON SPANISH IS ARABIC Today, English exerts the most influence on Spanish.
- 7. MEXICO contains the largest population of Spanish speakers with 114 million followed by the United States with 50 million.

- 8. Some countries use the term ESPANOL and others prefer to use CASTELLANO to refer to Spanish.
- 9. In 2005, the National Congress of Brazil approved a bill, signed into law by the President, making Spanish language teaching mandatory in both public and private secondary schools in Brazil.
- 10 The UNITED STATES has almost 40 million native Spanish speakers.

 By 2050 it will become the largest
 Spanish-speaking country in the world.
- 11. Les Glosse Emilianenses (Glosses of Saint Emilianus) was the first written Spanish record dating back to 864.

 The first literary work fully written in Spanish was Li Cantar del Mio Cid, an anonymous poem from the 12th century.

12.SPANISH IS THE

✓ official language of 22 countries
✓ 2nd largest native language in the world
✓ 2nd language used for international communicat

The first Spanish grammar was created by Elio Antonio de Nebrija and published in 1492. The same year Columbus arrived in America.